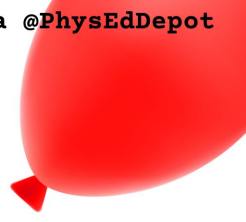
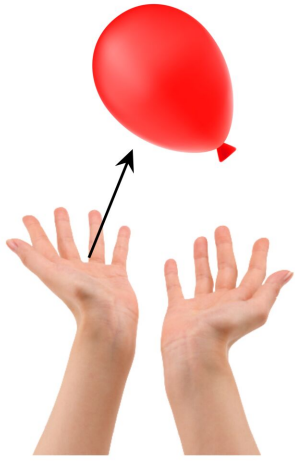


# BALLOON QUEST



#1



**volley with either hand**

#2



**volley with main hand**

#3



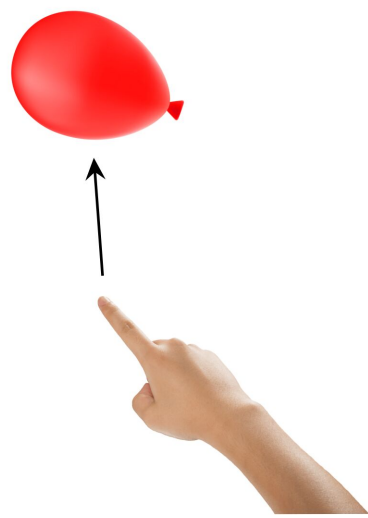
**volley with other hand**

#4



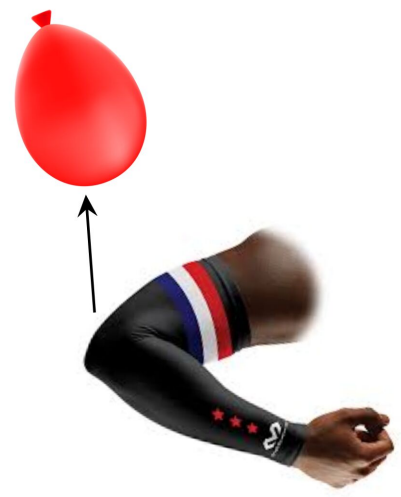
**volley with fists only**

#5



**volley with a finger only**

#6



**volley with elbows only**

#7



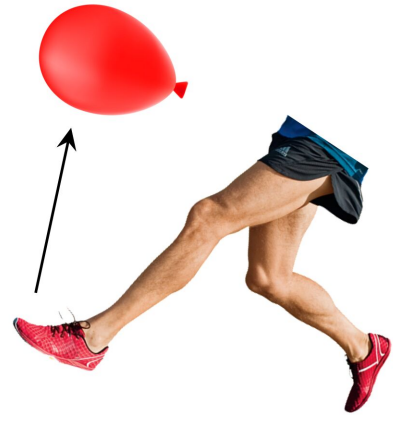
**volley with head only**

#8



**hand volley while sitting**

#9



**volley with feet only**

**Progression: 10x consecutive hits ► 20x advanced skill**